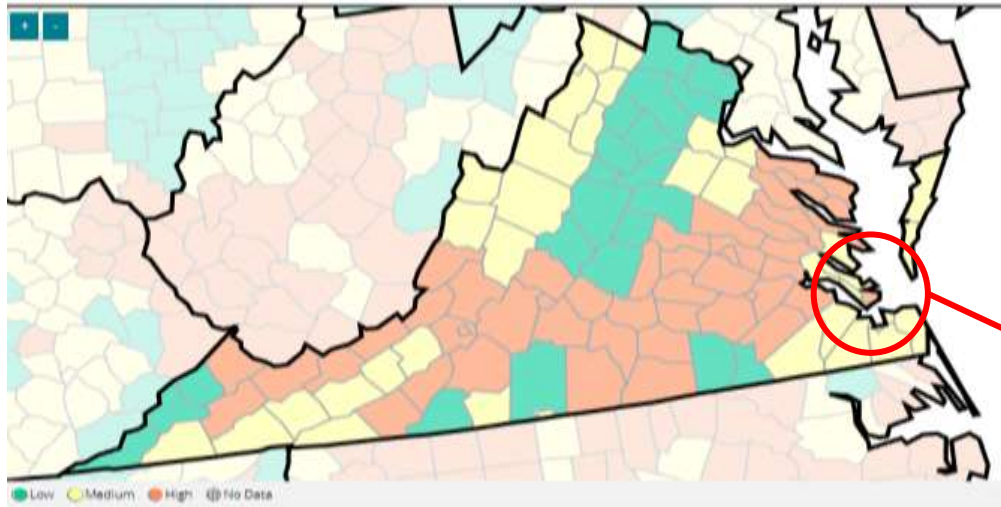


## Local Case Observations



## CDC & VDH Policy

Red outline indicates county had 200 or more cases per 100k in last week

Pale color indicates either beds or occupancy set the level for this county

Dark color indicates both beds and occupancy set the level for this county

COVID-19 Community Levels – Use the Highest Level that Applies to Your Community

New COVID-19 Cases per 100,000 people in the past 7 days	Low	Medium	High
More than 200	<10.0	10.0-19.9	>19.9
Between 100 and 200	<10.0%	10.0-14.3%	>14.3%
Fewer than 100	<10.0%	10.0-14.3%	>14.3%
200 or more	NA	<10.0	>10.0
Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	NA	<10.0%	>10.0%

The COVID-19 community level is determined by the higher of the new admissions and inpatient beds metrics, based on the current level of new cases per 100,000 population in the last 7 days

Data from: [CDC Data Tracker Portal](https://www.cdc.gov/covid19/data-tracker)

## CDC Mitigations

COVID-19 Community Level	Individual and household level prevention behaviors	Community-level prevention strategies (as recommended by state or local authorities)
Low	<ul style="list-style-type: none"> <li>Stay up to date with COVID-19 vaccines and boosters</li> <li>Maintain improved ventilation throughout indoor spaces when possible</li> <li>Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19</li> <li>If you are immunocompromised or at high risk for severe disease                             <ul style="list-style-type: none"> <li>Have a plan for rapid testing if needed (e.g., having home tests or access to testing)</li> <li>Talk to your healthcare provider about whether you are a candidate for treatment (e.g., antivirals, IVIG, and monoclonal antibodies)</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Distribute and administer vaccines to achieve high community vaccination coverage and ensure health equity</li> <li>Maintain improved ventilation in public indoor spaces</li> <li>Ensure access to testing, including through points of care and at-home tests for all people                             <ul style="list-style-type: none"> <li>Communicate with organizations and places that serve people who are immunocompromised or at high risk for severe disease to ensure they know how to get rapid testing</li> </ul> </li> <li>Prioritize access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations</li> </ul>
Medium	<ul style="list-style-type: none"> <li>If you are immunocompromised or at high risk for severe disease                             <ul style="list-style-type: none"> <li>Talk to your healthcare provider about whether you need to wear a mask and take other precautions (e.g., IVIG)</li> <li>Have a plan for rapid testing if needed (e.g., having home tests or access to testing)</li> <li>Talk to your healthcare provider about whether you are a candidate for treatment (e.g., antivirals, IVIG, and monoclonal antibodies)</li> </ul> </li> <li>If you have household or social contact with someone at high risk for severe disease                             <ul style="list-style-type: none"> <li>Consider self-testing to detect infection before contact</li> <li>Consider wearing a mask when indoors with them</li> </ul> </li> <li>Stay up to date with COVID-19 vaccines and boosters</li> <li>Maintain improved ventilation throughout indoor spaces when possible</li> <li>Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19</li> </ul>	<ul style="list-style-type: none"> <li>Prioritize access to testing, including through points of care and at-home tests for all people</li> <li>Implement enhanced prevention measures in high-risk settings (e.g., workplaces, schools, or other community settings as appropriate)</li> <li>Ensure access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations</li> </ul>
High	<ul style="list-style-type: none"> <li>Wear a well-fitting mask outdoors to public, regardless of vaccination status (including in 12 schools and other non-school community settings)</li> <li>If you are immunocompromised or at high risk for severe disease                             <ul style="list-style-type: none"> <li>Have a plan for rapid testing if needed (e.g., having home tests or access to testing)</li> <li>Consider wearing a mask when indoors with them</li> <li>Consider avoiding non-essential indoor activities in public where you should be masked</li> </ul> </li> <li>Talk to your healthcare provider about whether you need to take other precautions (e.g., IVIG)</li> <li>Have a plan for rapid testing if needed (e.g., having home tests or access to testing)</li> <li>Talk to your healthcare provider about whether you are a candidate for treatment (e.g., antivirals, IVIG, and monoclonal antibodies)</li> <li>If you have household or social contact with someone at high risk for severe disease                             <ul style="list-style-type: none"> <li>Consider self-testing to detect infection before contact</li> <li>Consider wearing a mask when indoors with them</li> </ul> </li> <li>Stay up to date with COVID-19 vaccines and boosters</li> <li>Maintain improved ventilation throughout indoor spaces when possible</li> <li>Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19</li> </ul>	<ul style="list-style-type: none"> <li>Consider getting masks recommended for protection strategies based on local factors</li> <li>Implement healthcare surge support as needed</li> <li>Prioritize people at high risk for severe disease or death by ensuring equitable access to vaccination, testing, treatment, support services, and information</li> <li>Consider implementing screening testing or other testing strategies for people who are exposed to COVID-19 in workplaces, schools, or other community settings as appropriate</li> <li>Implement enhanced prevention measures in high-risk settings (e.g., workplaces, schools, and community settings as appropriate)</li> <li>Ensure access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations</li> </ul>

WMS is following the VA law, adheres to VDH policy which refers to CDC policy and guidance for a layered mitigation strategy. The relaxation plan will transition to the endemic phase with routine observations, but following the CDC outlined mitigations based on local COVID-19 Community Level status.

- Local observations and Mitigations found here:
  - <https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html>
- Parents go here for steps to follow (WMS follows VDH policy & guidance)
  - [Sick, Exposed, Isolation/Quarantine](#)
  - [Social stigma associated with COVID-19](#)

# WMS Public Health Considerations

COVID Considerations	Since 05Jan23 - High Risk Families	COVID-19 Community Level	Individual- and household-level prevention behaviors	Community-level prevention strategies (as recommended by state or local authorities)
<p><b>Campus Wide</b></p>	<p>Follow CDC mitigations based on <a href="#">Local Observations and strategies for K-12</a></p> <ul style="list-style-type: none"> <li>Promote benefits of vaccination and boosting strategies</li> <li>Monitor for symptoms, stay home when you are sick, and isolate promptly per the following               <ul style="list-style-type: none"> <li><a href="#">Sick, Exposed, Isolation/Quarantine</a></li> <li>Social stigma associated with COVID-19</li> </ul> </li> <li>Promote diagnostic and home testing as matter of personal responsibility</li> <li>Encourage individual choice to use masks, promote social etiquette to cover coughs &amp; sneezes<sup>1</sup></li> <li>Optimize classroom ventilation and cleanliness</li> <li>Encourage personal hygiene and community classroom cleanliness</li> </ul>	<p><b>Med</b></p>	<ul style="list-style-type: none"> <li>If you are immunocompromised or high risk for severe disease               <ul style="list-style-type: none"> <li>Wear a mask or respirator indoors in public</li> <li>Have a plan for rapid testing if needed (e.g., having home tests or access to testing)</li> <li>Talk to your healthcare provider about whether you are a candidate for treatments like oral antivirals, PrEP, and monoclonal antibodies</li> </ul> </li> <li>If you have household or social contact with someone at high risk for severe disease consider wearing a mask when indoors with them</li> <li>Stay up to date with COVID-19 vaccines and boosters</li> <li>Maintain improved ventilation throughout indoor spaces when possible</li> <li>Follow CDC recommendations for isolation and after exposures, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19</li> </ul>	<ul style="list-style-type: none"> <li>Protect people at high risk for severe illness or death by ensuring equitable access to vaccination, testing, treatment, support services, and information</li> <li>Implement enhanced prevention measures in high-risk congregate settings (see guidance for correctional facilities and homeless shelters)</li> <li>Distribute and administer vaccines to achieve high community vaccination coverage and ensure health equity</li> <li>Maintain improved ventilation in public indoor spaces</li> <li>Ensure access to testing, including through point-of-care and at-home tests for all people               <ul style="list-style-type: none"> <li>Communicate with organizations and places that serve people who are immunocompromised or at high risk for severe disease to ensure they know how to get rapid testing</li> </ul> </li> <li>Ensure access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations</li> </ul>
<p><b>Other mitigation relaxations</b></p>				
<p><u>Notes:</u></p>				
<p><sup>1</sup>Staff is following VDOE/Department of Labor requirements</p>				
<p>Mask wearing is encouraged to respect our community members who have risk factors they are managing</p>				
<p>The VDH outbreak definition is being followed, with three confirmed cases in a class as the benchmark to close a classroom. We'll inform the cohort per procedure so families can make their own risk decisions</p>				
<p><b>Health &amp; Wellness considerations</b></p>				
<ul style="list-style-type: none"> <li>COVID continues to spread quickly in the regions with hospitalizations and community levels rising the last four weeks similar to last years surge. Please be considerate of helping us prevent a COVID outbreak by keeping anyone home that has <a href="#">symptoms</a> and re-enforcing good personal <a href="#">hygiene habits</a>. Consider preparing your family with <b><u>COVID tests, cleaning supplies, and masking in public areas. Additionally consider returning to your home 2-3 days before entering WMS to monitor symptoms.</u></b></li> <li>Seasonal influenza is peaking. It is a highly contagious respiratory illness caused by viruses that infect the nose, throat, and lungs. Immunization information is found below. RSV is also prevalent in the region and difficult to distinguish from FLU or COVID symptoms.</li> <li>For a safe and healthy school year, find interesting articles in <a href="#">Family Safety and Health</a>.</li> <li><a href="#">Flu information</a></li> <li><a href="#">Vaccination sites</a></li> <li><a href="#">RSV Site</a></li> </ul>				